ELISA PRODUCT INFORMATION & MANUAL

Human Cystatin E/M/CST6 ELISA Kit (Colorimetric)

NBP3-18713

Sample Insert for reference use only

Enzyme-linked Immunosorbent Assay for quantitative detection. For research use only.

Not for diagnostic or therapeutic procedures.

www.novusbio.com - P: 303.730.1950 - P: 888.506.6887 - F: 303.730.1966 - technical@novusbio.com

Assay Summary

Step 1. Add 50 µl of Standard or Sample per well.
Incubate 2 hours.

Step 2. Wash, then add 50 µl of Biotinylated Antibody per well.
Incubate 2 hours.

Step 3. Wash, then add 50 µl of SP Conjugate per well.
Incubate 30 minutes.

Step 4. Wash, then add 50 µl of Chromogen Substrate per well.
Incubate 25 minutes.

Step 5. Add 50 µl of Stop Solution per well.
Read at 450 nm immediately.

Symbol Key

Consult instructions for use.

Assay Template

	A	B	C	D	E	F	G	H
12								
11								
10								
9								
8								
7								
6								
5								
4								
3								
2								
1								

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Catalog No. NBP3-18713

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Principle of the Assay

The Human Cystatin E/M/CST6 ELISA Kit (Colorimetric) is designed for detection of CST6 in human **plasma, serum, urine, and cell culture samples**. This assay employs a quantitative **sandwich enzyme immunoassay** technique that measures human CST6 in approximately 4 hours. A polyclonal antibody specific for human CST6 has been pre-coated onto a 96-well microplate with removable strips. CST6 in standards and samples is sandwiched by the immobilized antibody and a biotinylated polyclonal antibody specific for human CST6, which is recognized by a streptavidin-peroxidase (SP) conjugate. All unbound material is washed away and a peroxidase enzyme substrate is added. The color development is stopped and the intensity of the color is measured.

Caution and Warning

- This product is for **Research Use Only** and is not intended for use in diagnostic procedures.
- Prepare all reagents (diluent buffer, wash buffer, standard, biotinylated antibody, and SP conjugate) as instructed, prior to running the assay.
- Prepare all samples prior to running the assay. The dilution factors for the samples are suggested in this insert. However, the user should determine the optimal dilution factor.
- Spin down the SP conjugate vial, the biotinylated antibody vial, and the standard diluent vial before opening and using contents.
- The Stop Solution is an acidic solution.
- The kit should not be used beyond the expiration date.

Reagents

- **Human CST6 Microplate:** A 96-well polystyrene microplate (12 strips of 8 wells) coated with a polyclonal antibody against human CST6.
- **Sealing Tapes:** Each kit contains 3 precut, pressure sensitive sealing tapes that can be cut to fit the format of the individual assay.
- **Human CST6 Standard:** Human CST6 in a buffered protein base (20 ng, lyophilized, 1 vial).

- **Biotinylated Human CST6 Antibody (50x):** A 50-fold concentrated biotinylated polyclonal antibody against human CST6 (120 µl).
- **MIX Diluent Concentrate (10x):** A 10-fold concentrated buffered protein base (20 ml).
- **Standard Diluent (1x):** A buffered protein base with stabilizer (2 ml).
- **Wash Buffer Concentrate (20x):** A 20-fold concentrated buffered surfactant (30 ml, 2 bottles).
- **SP Conjugate (100x):** A 100-fold concentrate (80 µl).
- **Chromogen Substrate (1x):** A stabilized peroxidase chromogen substrate tetramethylbenzidine (8 ml).
- **Stop Solution (1x):** A 0.5 N hydrochloric acid solution to stop the chromogen substrate reaction (12 ml).

Storage Condition

- Upon arrival, immediately store components of the kit at recommended temperatures up to the expiration date.
- Store Standard, SP Conjugate, and Biotinylated Antibody at -20°C.
- Store Microplate, Diluent Concentrate (10x), Standard Diluent (1x), Wash Buffer, Stop Solution, and Chromogen Substrate at 2-8°C.
- Unused microplate wells may be returned to the foil pouch with the desiccant packs and resealed. May be stored for up to 30 days in a vacuum desiccator.

Other Supplies Required

- Microplate reader capable of measuring absorbance at 450 nm
- Pipettes (1-20 µl, 20-200 µl, 200-1000 µl, and multiple channel)
- Deionized or distilled reagent grade water

Sample Collection, Preparation, and Storage

- **Plasma:** Collect plasma using one-tenth volume of 0.1 M sodium citrate as an anticoagulant. Centrifuge samples at 3000 x *g* for 10 minutes and collect plasma. A 4-fold sample dilution is suggested into MIX Diluent; however, user should determine optimal dilution factor depending on application needs. The undiluted samples can be stored at -20°C or below for up to 3 months. Avoid repeated freeze-thaw cycles (EDTA or Heparin can also be used as an anticoagulant).
- **Serum:** Samples should be collected into a serum separator tube. After clot formation, centrifuge samples at 3000 x *g* for 10 minutes and remove serum. A 4-fold sample dilution is suggested into MIX Diluent; however, user should determine optimal dilution factor depending on application

needs. The undiluted samples can be stored at -20°C or below for up to 3 months. Avoid repeated freeze-thaw cycles.

- **Urine:** Collect urine using sample pot. Centrifuge samples at 800 x *g* for 10 minutes. A 4-fold sample dilution is suggested into MIX Diluent; however, user should determine optimal dilution factor depending on application needs. The undiluted samples can be stored at -20°C or below for up to 3 months. Avoid repeated freeze-thaw cycles.
- **Cell Culture Supernatants:** Centrifuge cell culture media at 1500 rpm for 10 minutes at 4°C to remove debris and collect supernatants. Samples can be stored at -80°C. Avoid repeated freeze-thaw cycles.
- **Cell Lysate:** Rinse cell with cold PBS and then scrape the cell into a tube with 5 ml of cold PBS and 0.5 M EDTA. Centrifuge suspension at 1500 rpm for 10 minutes at 4°C and aspirate supernatant. Re-suspend pellet in ice-cold Lysis Buffer (10 mM Tris, pH8.0, 130 mM NaCl, 1% Triton X-100, protease inhibitor cocktail). For every 1 x 10^6 cells, add approximately 100 µL of ice-cold Lysis Buffer. Incubate on ice for 60 minutes. Centrifuge at 13000 rpm for 30 minutes at 4°C and collect supernatant.

Applicable samples may also include biofluids, cell culture, and tissue homogenates. If necessary, user should determine optimal dilution factor depending on application needs.

Refer to Dilution Guidelines for further instruction.

Guidelines for Dilutions of 100-fold or Greater (*for reference only; please follow the insert for specific dilution suggested)*	
100x	**10000x**
A) 4 µl sample: 396 µl buffer (100x) = 100-fold dilution *Assuming the needed volume is less than or equal to 400 µl.*	A) 4 µl sample : 396 µl buffer (100x) B) 4 µl of A : 396 µl buffer (100x) = 10000-fold dilution *Assuming the needed volume is less than or equal to 400 µl.*
1000x	**100000x**
A) 4 µl sample : 396 µl buffer (100x) B) 24 µl of A : 216 µl buffer (10x) = 1000-fold dilution *Assuming the needed volume is less than or equal to 240 µl.*	A) 4 µl sample : 396 µl buffer (100x) B) 4 µl of A : 396 µl buffer (100x) C) 24 µl of B : 216 µl buffer (10x) = 100000-fold dilution *Assuming the needed volume is less than or equal to 240 µl.*

Reagent Preparation

- Freshly dilute all reagents and bring all reagents to room temperature before use.

- **MIX Diluent Concentrate (10x):** If crystals have formed in the concentrate, mix gently until the crystals have completely dissolved. Dilute the MIX Diluent Concentrate 10-fold with reagent grade water to produce a 1x solution. Store for up to 30 days at 2-8°C.
- **Human CST6 Standard:** Reconstitute the Human CST6 Standard (20 ng) with 0.5 ml of **Standard Diluent** to generate a 40 ng/ml standard stock solution. Allow the vial to sit for 10 minutes with gentle agitation prior to making dilutions. The stock solution (40 ng/ml) should be further diluted 2-fold with **MIX Diluent** to generate a standard solution of 20 ng/ml. Prepare duplicate or triplicate standard points by serially diluting from the standard solution (20 ng/ml) 4 -fold with **MIX Diluent** to produce 5.0, 1.25, 0.313, and 0.078 ng/ml solutions. MIX Diluent serves as the zero standard (0 ng/ml). Aliquot remaining stock solution to limit repeated freeze-thaw cycles. This solution should be stored at -20°C and **used within 48 hours**.

Standard Point	Dilution	[CST6] (ng/ml)
P1	1 part Standard (40 ng/ml) + 1 part MIX Diluent	20.00
P2	1 part P1 + 3 parts MIX Diluent	5.000
P3	1 part P2 + 3 parts MIX Diluent	1.250
P4	1 part P3 + 3 parts MIX Diluent	0.313
P5	1 part P4 + 3 parts MIX Diluent	0.078
P6	MIX Diluent	0.0

- **Biotinylated Human CST6 Antibody (50x):** Spin down the antibody briefly and dilute the desired amount of the antibody 50-fold with MIX Diluent to produce a 1x solution. The undiluted antibody should be stored at -20°C.
- **Wash Buffer Concentrate (20x):** If crystals have formed in the concentrate, mix gently until the crystals have completely dissolved. Dilute the Wash Buffer Concentrate 20-fold with reagent grade water to produce a 1x solution.
- **SP Conjugate (100x):** Spin down the SP Conjugate briefly and dilute the desired amount of the conjugate 100-fold with MIX Diluent to produce a 1x solution. The undiluted conjugate should be stored at -20°C.

Assay Procedure

- Prepare all reagents, standard solutions, and samples as instructed. Bring all reagents to room temperature before use. The assay is performed at room temperature (20-25°C).
- Remove excess microplate strips from the plate frame and return them immediately to the foil pouch with desiccants inside. Reseal the pouch

securely to minimize exposure to water vapor and store in a vacuum desiccator.

- Add 50 μl of Human CST6 Standard or sample to each well. Gently tap plate to thoroughly coat the wells. Break any bubbles that may have formed. Cover wells with a sealing tape and incubate for 2 hours. Start the timer after the last addition.
- Wash five times with 200 μl of Wash Buffer manually. Invert the plate each time and decant the contents; hit 4-5 times on absorbent material to completely remove the liquid. If using a machine, wash six times with 300 μl of Wash Buffer and then invert the plate, decanting the contents; hit 4-5 times on absorbent material to completely remove the liquid.
- Add 50 μl of Biotinylated Human CST6 Antibody to each well. Gently tap plate to thoroughly coat the wells. Break any bubbles that may have formed. Cover wells with a sealing tape and incubate for 2 hours.
- Wash the microplate as described above.
- Add 50 μl of SP Conjugate to each well. Gently tap plate to thoroughly coat the wells. Break any bubbles that may have formed. Cover wells with a sealing tape and incubate for 30 minutes. Turn on the microplate reader and set up the program in advance.
- Wash the microplate as described above.
- Add 50 μl of Chromogen Substrate to each well. Gently tap plate to thoroughly coat the wells. Break any bubbles that may have formed. Incubate for 25 minutes or until the optimal blue color density develops.
- Add 50 μl of Stop Solution to each well. The color will change from blue to yellow. Gently tap plate to ensure thorough mixing. Break any bubbles that may have formed.
- Read the absorbance on a microplate reader at a wavelength of 450 nm **immediately**. If wavelength correction is available, subtract readings at 570 nm from those at 450 nm to correct optical imperfections. Otherwise, read the plate at 450 nm only. Please note that some unstable black particles may be generated at high concentration points after stopping the reaction for about 10 minutes, which will reduce the readings.

Data Analysis

- Calculate the mean value of the duplicate or triplicate readings for each standard and sample.
- To generate a standard curve, plot the graph using the standard concentrations on the x-axis and the corresponding mean 450 nm absorbance (OD) on the y-axis. The best fit line can be determined by regression analysis using log-log or four-parameter logistic curve fit.
- Determine the unknown sample concentration from the Standard Curve and multiply the value by the dilution factor.

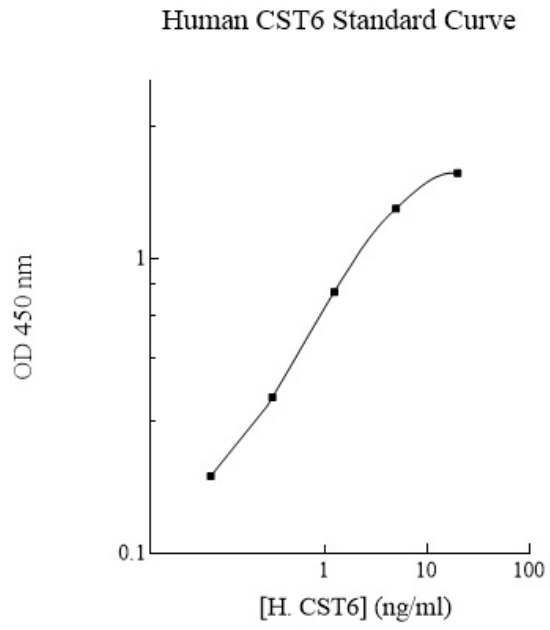
Typical Data

- The typical data is provided for reference only. Individual laboratory means may vary from the values listed. Variations between laboratories may be caused by technique differences.

Standard Point	ng/ml	OD	Average OD
P1	20.00	1.940 1.954	1.947
P2	5.000	1.470 1.477	1.474
P3	1.250	0.766 0.771	0.769
P4	0.313	0.332 0.344	0.338
P5	0.078	0.184 0.182	0.183
P6	0.0	0.098 0.092	0.095

Standard Curve

- The curve is provided for illustration only. A standard curve should be generated each time the assay is performed.



Performance Characteristics

- The minimum detectable dose of human CST6 as calculated by 2SD from the mean of a zero standard was established to be 40 pg/ml.
- Intra-assay precision was determined by testing three samples twenty times in one assay.
- Inter-assay precision was determined by testing three samples in twenty assays.

	Intra-Assay Precision			**Inter-Assay Precision**		
Sample	1	2	3	1	2	3
n	20	20	20	20	20	20
CV (%)	1.8%	2.3%	2.5%	7.9%	7.5%	8.3%
Average CV (%)	2.2%			7.9%		

Recovery

Standard Added Value	0.3 – 5.0 ng/ml
Recovery %	87 – 111%
Average Recovery %	99%

Cross-Reactivity

Species	**Cross-Reactivity (%)**
Canine	40%
Bovine	None
Monkey	70%
Mouse	None
Rat	50%
Swine	70%
Rabbit	None
Protein	**Cross-Reactivity (%)**
Cystatin-A	None
Cystatin-B	None
Cystatin-C	None
Cystatin-D	None
Cystatin-F	None
Cystatin-S	None
Cystatin-SN	None
Cystatin-9	None
Cystatin-11	None

Troubleshooting

Issue	Causes	Course of Action
Low Precision	Use of expired components	• Check the expiration date listed before use. • Do not interchange components from different lots.
	Improper wash step	• Check that the correct wash buffer is being used. • Check that all wells are empty after aspiration. • Check that the microplate washer is dispensing properly. • If washing by pipette, check for proper pipetting technique.
	Splashing of reagents while loading wells	• Pipette properly in a controlled and careful manner.
	Inconsistent volumes loaded into wells	• Pipette properly in a controlled and careful manner. • Check pipette calibration. • Check pipette for proper performance.
	Insufficient mixing of reagent dilutions	• Thoroughly agitate the lyophilized components after reconstitution. • Thoroughly mix dilutions.
	Improperly sealed microplate	• Check the microplate pouch for proper sealing. • Check that the microplate pouch has no punctures. • Check that three desiccants are inside the microplate pouch prior to sealing.
Unexpectedly Low or High Signal Intensity	Microplate was left unattended between steps	• Each step of the procedure should be performed uninterrupted.
	Omission of step	• Consult the provided procedure for complete list of steps.
	Steps performed in incorrect order	• Consult the provided procedure for the correct order.
	Insufficient amount of reagents added to wells	• Check pipette calibration. • Check pipette for proper performance.
	Wash step was skipped	• Consult the provided procedure for all wash steps.
	Improper wash buffer	• Check that the correct wash buffer is being used.
	Improper reagent preparation	• Consult reagent preparation section for the correct dilutions of all reagents.
	Insufficient or prolonged incubation periods	• Consult the provided procedure for correct incubation time.
Deficient Standard Curve Fit	Non-optimal sample dilution	• Sandwich ELISA: If samples generate OD values higher than the highest standard point (P1), dilute samples further and repeat the assay. • Competitive ELISA: If samples generate OD values lower than the highest standard point (P1), dilute samples further and repeat the assay. • User should determine the optimal dilution factor for samples.
	Contamination of reagents	• A new tip must be used for each addition of different samples or reagents during the assay procedure.
	Contents of wells evaporate	• Verify that the sealing film is firmly in place before placing the assay in the incubator or at room temperature.
	Improper pipetting	• Pipette properly in a controlled and careful manner. • Check pipette calibration. • Check pipette for proper performance.

	Insufficient mixing of reagent dilutions	• Thoroughly agitate the lyophilized components after reconstitution. • Thoroughly mix dilutions.

Version 1.0